



UGANDA NATIONAL ASSOCIATION OF CEREBRAL PALSY



‘Paving Way to Our Destiny’

ANNUAL REPORT 2020

FOREWORD



It is with great honor that I present to you UNAC's Annual Report for 2020 with highlights of projected activities, results and achievements realized amidst of hardships periods COVID-19 Pandemic.

UNAC was privilege to start the operation and admission of children with severe disabilities in the Day Care centre but due to COVID-19 all school and Day-care were closed, we hope to resume the operation of the Day-care activities next year 2021. UNAC held Virtual (Zoom) commemoration of world cerebral palsy day. And awareness week of cerebral palsy on radio and TV- talk shows. Visit; www.unacp.org , we appreciate all our members and Partners who participated with us in the commemoration of the event.

We are also glad to inform you that in the same year, UNAC was able to receive funds from different partners to reach out its members during the COVID-19 pandemic during the lockdown and the Kasese members that were affected by the landslides in Kyarumba Sub-county and the rest members in Central and Eastern region. Also we secured a vehicle Van. This enabled our workers to conduct home and families of children with disabilities. And this has reduced the burden of transport costs in taking children to access referral rehabilitation services in referral centres like Katalemwa Cheshire home.

Our sincere appreciation to Sparstiker, DRF, and Lilian Fonde through Katalemwa Cherisher Home, DHF and Motivation Charitable Trust. Uganda National Action on Physical Disabilities (UNAPD), Abilis Foundation and Light for the world for the timely support towards UNAC's projected programmes. Therefore UNAC still pledges for more of your support to reach increasing needs of persons with cerebral palsy and their parents/caretakers.

I extend my heartfelt gratitude to the committed Board members and UNAC secretariat with whom we ensure there is continued progress and services for the benefit of persons with cerebral palsy.

A handwritten signature in blue ink, appearing to read 'Kalule Rashid'.

Mr. Kalule Rashid

Chairperson Board Directors.

UNAC.

Acknowledgement



We bring you once again warm greetings from UNAC!

As we wrap up the challenged pandemic year 2020, we bring you another volume of information to help widen your understanding on our range of activities and interventions. A representation of summaries, insight and stories behind our achievements during the projects implementation phase.

I would like to express my sincerest appreciation, gratitude and respect to all partners who have been a great source of support to our programs.

My immense gratitude also to all our Board members, parents/caretakers of children with cerebral palsy, your commitments, persistent

efforts and support has made UNAC secretariat sprout to greater heights.

Thanks to the team back at office (staff) for the work well done in ensuring that UNAC's vision and mission is achieved in spite of the limited resources and glaring challenges. Never the less, your knowledge, skills and expertise combined helped inspire the numerous changes we see today in the lives of persons with cerebral palsy.

We are committed to making sure that persons with disabilities live better quality life and in a decent world for all. A world where persons with cerebral palsy are able to realize their full potential, rights, responsibilities and potential like any other citizens in the country.

Sincerely yours

A handwritten signature in purple ink, appearing to read 'Kirungi Christine', on a light-colored background.

Kirungi Christine

Executive Director-UNAC

INTRODUCTION

EXECUTIVE SUMMARY

Uganda National Association of Cerebral Palsy (UNAC) is a non-governmental organization established in 2013 and legally registered with National Bureau for Non-Governmental organisations (NGO) with registered number **MIA/NB/2013/08/1724** to advocate for the rights of people with cerebral palsy.

The organization was established by a group of people with cerebral palsy after realizing that their rights were being violated and were not benefiting from government and NGOs programs.

Strategic areas of focus for UNAC

- Strengthen persons with cerebral palsy and enhance their capacities to lobby and advocate for their rights.
- Build and strengthen the capacity of UNAC management and her structures to mobilize and manage resources.
- Advocacy and lobbying for inclusive participation of persons with cerebral palsy in mainstream development initiatives in Uganda.
- Awareness raising on the concept of cerebral palsy and addressing the needs of persons with cerebral palsy through community engagement meetings, Radios and TV talk shows and brochures supplements.
- Promoting inclusive education and better access for health of children with cerebral palsy through training parents/caretakers in physiotherapy home basic skill and provide referrals to rehabilitation centres.
- Establishment of membership association group of persons with CP and build their capacities in leaderships and resource mobilization for their sustainability.
- Participation in the national and international events to promote the rights, responsibilities and potential needs of persons with CP.
- Economic empowerment of persons with CP in income generating activities skills so as to meet their basic needs.

This report therefore, presents a summary of programs, activities and interventions implemented by UNAC between 1st, January to December of 2020 in the existing regional structure spread across the country. It highlights of registered achievements, lessons learnt and challenges encountered during the implementation of activities.

UNAC currently has a total number 900 members in 4 regions and 10 Districts of Uganda. UNACs has since inception partnered with a number of local and international organization who have been a benchmark for providing support towards UNAC to implement its mandate as illustrated in its 2016-2020 strategic work plan.

OUR VISION, MISSION AND CORE VALUES

Vision: A world where persons with disabilities live a better quality life.

Mission statement: Empowering persons with CP to advocate for their rights through participating in sustainable development initiatives.

Slogan: *“Paving Way to Our Destiny”*

UNAC’s Planned Programmes and Strategic Objectives - 2016-2020.

No	Program Areas	Strategic objectives
1	Institutional Capacity Strengthening	Build capacity of UNAC to be able to deliver high quality services to persons with Cerebral Palsy. Strengthened. Increase UNAC’s source of funding so as to implement its planned programs.
2	Access to social services (Education, Health and Sports)	Increased access to quality education for Children and Youth with cerebral palsy in UNAC operation districts. Improved health and life-long support for persons with Cerebral Palsy in UNAC operation districts
3	Economic Empowerment	Enhance Persons with cerebral palsy capacity to engage in income generating activities. Enhance Persons with Cerebral palsy in entrepreneurship and employment skills in UNAC operation districts.
4	Human Rights Promotion	Increase public awareness about the concept of Cerebral Palsy, promote their rights and potential of persons with cerebral palsy for purpose of inclusion in UNAC district of operation. Reduced violation of rights and abuse of persons with CP in UNAC operational areas.

Status of Program Implementation & Areas of Coverage.

Capacity Building programme (DRF - Livelihood support project, Child Empowerment, Institutional and member's structural development, DHF, Health and CBR Development).

Progress of Activity implementation

Activity/Projects	Key major Progress	Partner
Supporting Persons with Cerebral Palsy in Uganda.	<p>Build capacities of Cluster leaders to create awareness and sensitize Key persons in communities about the Cerebral palsy concept, their right protection and potential needs to actively participate in community development activities during and after COVID-19 pandemic.</p> <p>Improved health and life-long support for children with Cerebral Palsy through Community Based Rehabilitation (CBR) Trainer of trainees in physiotherapy home basic skills in Kyarumba, Munkunyu sub-counties Kasese district and Nama sub-county in Mukono district. 45 Parents/caretakers of children with Cerebral Palsy were trained in physiotherapy home Basic skill for improved quality of both their lives and that of their children.</p> <p>UNAC was able to receive funds from different partners to reach out its members during the COVID-19 pandemic</p> <p>Improved transparency in the making decision by the Board members on behalf UNAC secretariat. This created a better working relationship in serving our members at grass-roots.</p> <p>Establishment of UNAC poultry business model with 300 poultry birds as source of income generation and its future sustainability.</p> <p>Held 6 Community engagement meetings together with grass-root structured leaders of persons with cerebral palsy addressing key community personnel about the concept of cerebral palsy disability, their rights and potential needs for them to actively participate in community. In total 70 people (36 Female, 34 Male) and these include; Nurses, Mid-wife, Police, Cultural leader, Religious leaders, Community Development Officer (CDO), Councilors for Persons with disabilities, Teachers, COVID-19 task force leader, Local leaders, Media Journalist, Parents of children with CP, and Village Health Team(VHTs).</p> <p>Held Virtual (Zoom) commemoration of world cerebral palsy day. And awareness week of cerebral palsy on radio and TV- talk shows. Visit; www.unacp.org , and UNAC Facebook page for easy access of activity documentaries.</p>	SPASTIKER

Capacity Building Program	Trained 10 UNAC staff and Board members (4 Male 6 Female) in Safeguard policy and its implementation. This has been developed and in operation.	Disability Right Fund in Uganda. (DRF)
Improving Livelihood of Persons with Cerebral palsy during COVID-19 period.	<p>Improved household income among families of persons with Cerebral Palsy in COVID-19 periods. 20 Parents/caretakers of children and youth with cerebral palsy (2 Male 18 Female) were trained in livelihood skills like soap making and other in Agriculture. These were mobilized from Lugazi, Wakiso and Mukono. And later successful individual were given start-up capital and they are engaged in income generating activities. Like cabbages, Groceries and soap making.</p> <p>Improved program quality and effectiveness for families of persons with cerebral palsy through group structure exchange learning visits. For example 5 Kasese group leaders (2 Male, 3 Female) visited Nama group members and learnt how to start an income generating project as the group like planting Banana plantation, Cassava plantation and Cabbages and other vegetables on Backyard farm.</p>	Light for the world. And Spastiker.
Support tool Enabling Parents and Child Empowerment.	<p>Improved wellbeing of Children with severe disability especially children with Cerebral palsy. This was done through training parents/caretaker in physiotherapy home basics knowledge skills and home visits out reaches by UNAC field workers. This to ensure that the trained parents/caretakers are able to Passover the acquired knowledge to fellow parents/caretakers in their communities. For example, 28 parents/ caretakers (5 Male 23 Female) of children with CP have been trained on how to offer home based basic physiotherapy services. And 20 children (10 Male 10 Female) are being supported with school fees in Lugazi, Mukono and Wakiso districts. However the education program has been affected by the outbreak of COVID-19.</p> <p>Admission of Children with severe disabilities at the Day Care Centre at St. Charles Lwanga Primary School in Mukono district. However due to outbreak of COVID-19, schools are not allowed to operate and therefore this was registered a dead year till further notice by the Ministry of Health.</p> <p>Secured a UNAC vehicle Van during COVID-19 pandemic. This enabled a field worker to conduct home visits/families of children with disabilities and reduced the burden of transport costs in taking</p>	Liliane Fonds through Katalamwa Cheshire Home.

	children to access referral rehabilitation services in referral centres like Katalemwa Cheshire home during and post COVID-19 periods.	
Supporting several inclusion of children with cerebral palsy in Mobility.	Improved mobility of children with cerebral palsy. Many children cerebral palsy were supported with wheel chairs. This enabled them participate equally and interact with their peers in homes and at school environments. For example, 4 children with Cerebral Palsy were supported with wheel chairs in Mukono District.	Motivation Charitable Trust Uganda.
Organisation Development	Active participation of UNAC members in creating awareness raising and sensitization about the concept of cerebral palsy, rights and potential need of persons with cerebral palsy. This has been done through involving local sub-county leaders, support group association of persons with CP and parents/caretakers, Village health team, CDOs, community members in training workshops at grassroots and national levels. And media fraternities.	Danish Association of the Disabled (DHF)
Improving household income for persons with cerebral palsy and their parents/caretakers	25 Parents of person with cerebral palsy in Lugazi Buikwe district were supported with additional income generating activities with support from Trust fund. And these parents are actively engaged in livelihood income activities like piggery, Charcoal selling, Grocery business (Mudala).	Trust fund UNAPD.

Finance and Administration Department

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UGANDA NATIONAL ASSOCIATION OF CEREBRAL PALSY (UNAC)
(A Company Limited by Guarantee and not having a Share Capital)

Statement of Comprehensive Income
for the year ended 31 December 2019

	Note	2019 Actual Ushs.	2018 Re-stated Actual Ushs.
INCOME			
Grants and Donations	3	279,213,250	161,841,291
Other Income	4	209,137	-
Total Income		279,422,387	161,841,291
EXPENDITURE			
Direct costs	5	175,843,000	61,070,500
General costs	6	34,607,750	13,245,400
Staff costs and other benefits	7	78,051,725	34,709,000
Office costs	8	12,420,700	10,741,501
Equipment costs	9	140,000	6,646,000
Transport costs	10	4,920,200	1,345,600
Total Expenditure		305,983,375	127,758,001
Operating deficit		(26,560,988)	34,083,290
Finance costs	11	(3,609,541)	(3,163,670)
Surplus/(Deficit) before taxation		(30,170,529)	30,919,620
Income tax	12	-	-
Surplus /(Deficit) for the year		(30,170,529)	30,919,620
Balance as at 1 January		71,194,019	40,274,399
Balance as at 31 December		41,023,490	71,194,019
BALANCE IS REPRESENTED BY:			
Cash and bank balances	15	78,039,653	78,620,119
Receivables	14	433,900	603,100
Deferred income	17	(27,451,600)	-
Payables and accruals	18	(9,998,463)	(8,029,200)
Balance as at 31 December		41,023,490	71,194,019

The accounting policies and notes set out on pages 23 to 32 form an integral part of these financial statements

UGANDA NATIONAL ASSOCIATION OF CEREBRAL PALSY (UNAC)
(A Company Limited by Guarantee and not having a Share Capital)

Statement of Financial Position
for the year ended 31 December 2019

	Note	2019 Ushs.	2018 Ushs.
ASSETS			
PROPERTY AND EQUIPMENT	13	4,330,856	5,590,875
CURRENT ASSETS			
Receivables	14	433,900	603,100
Cash and bank balances	15	78,039,653	78,620,119
		78,473,553	79,223,219
TOTAL ASSETS		82,804,409	84,814,094
FUNDS AND LIABILITIES			
FUNDS			
Capital Fund		4,330,856	5,590,000
Donor Funds	16	41,023,490	71,194,019
		45,354,346	76,784,019
CURRENT LIABILITIES			
Deferred income	17	27,451,600	-
Payables and accruals	18	9,998,463	8,029,200
		37,450,063	8,029,200
TOTAL FUNDS AND LIABILITIES		82,804,409	84,814,094

The accounting policies and notes set out on pages 23 to 32 form an integral part of these financial statements

These financial statements were approved by the Board of Directors on 7th Dec 2020 and were signed on its behalf by:



CHAIRPERSON
BOARD OF DIRECTORS



EXECUTIVE DIRECTOR

Analysis of Key Achievements Of 2020

Establishment of A Day-care centre for children with severe disabilities at St. Charles Lwanga primary school.



Children with Cerebral palsy between ages 2 to 8 are registered and enrolled. All the children don't come every day, they attend the day care facility as scheduled by their caregivers. And during break time some children from the mainstream school (St. Charles Lwanga) joins the children in the day care centre to play with their colleagues and support them.

Case study: Sustainability of UNAC structure Associations.

Katooga Association of cerebral palsy (KACP) is a UNAC member structure in Nama sub-county Mukono district. The group members were engaged in various livelihood trainings for example planting Banana, Planting Cassava, Cabbages egg-plants within a medium and small portion of land. After acquiring skills, the group managed to mobilize little resources to start a cabbage garden and Banana plantation income projects. And here below is the cabbage garden which they started during COVID-19 as a source of income and improving nutrition of their children.



The Kasese Parents/caretakers of children with cerebral palsy visits the 80ft x 100ft cabbage garden income project started by Katoogo group.

For sustainability of the group, some group members have managed to participate and be involved other mainstream program in their communities. For example 15 (3 Male and 12 Females) groups members participated in Children in Need (CIN) training programs focused on Food and nutrition for children, sanitation and Proper hygiene in families. 10 group members (2 Male, 8 Female) are members of Tukola Baraba group where members contribute social fund in form of saving, and the funds are given to a members in the event when one has lost his/her loved one or other emergencies cases. And 6 Female mothers of children with cerebral palsy joined Katoogo Women group (The group do a savings and borrowing to boost their income generating activities).

“I thank UNAC on behalf of group members because it managed to bring us together in one group. At least this enabled us meet together and share best experiences on nutrition and taking care of our children. This has also reduced violation of rights of our children like keeping them indoor. There is a great improvement on growth of children. As now we have two livelihood projects these include; a cabbage garden and banana plantation. Others are managed at individual levels who are doing backyard farming like egg-plants gardens and these support raise house income and improve nutrition of our children ” Says Nakyito Susan (a Parent and group Chairperson of

Katoogo association of cerebral palsy in Nama Sub-county Mukono district during monitoring visit).

Commemoration of world Cerebral palsy awareness week and Cerebral palsy day.



Children with Cerebral palsy having fun on the CP day celebration in a Picture at Bukerere playground 2019

Establishment of UNAC poultry business model with 300 poultry birds as source of income generation and its future sustainability.



In picture is UNAC vice Board chairperson monitoring the poultry project at Bukerere. The project was established as additional source of income for UNAC.

Training the Parents/caretakers of children with cerebral palsy to Provide Home Basics skills on Physiotherapy to improve well-being to their Children.



The trainer demonstrate practical hands-on training on Physiotherapy home basic knowledge skill of positioning a child with Cerebral Palsy during the training of trainees (Parents/caretakers of children with cerebral palsy) at COMBRA Hall. 24 parents of children with cerebral palsy participants including 3 fathers.

Follow up family field visits and monitoring program.

Case stories on Impact of COVID-19 on the progress of income activities of families of persons with cerebral palsy:



Everybody is a potential person!

Lule Mazani's life represents determination and hope amidst life hardships. Living with Cerebral palsy and difficulties in communication, Mazani is a 27 year old youth and residence of Wakiso in Nama Sub-county. Too many, living with Cerebral palsy heralds doom and Not so with Mazani. Amidst financial hardships and illiterate, He sees a future in the keeping goats that he received from Uganda National Association of Cerebral Palsy (UNAC) with support from Abilis Foundation. "His goat produced two kids but one died, and I see great change in Mazani's future and happiness when he taking on a responsibility of taking good care of his goats". Says Nambatya Aisha (Mazani's Mother).

"I got money from UNAC and started a poultry business but now due to COVID-19 the market for poultry collapsed and therefore I sold them off cheaply and even end up making losses. However my mother supported me with little top-up capital in this covid-19 times, and I started making daddies (snacks) which I supply to the nearby shops." Says Babirye Josephine (a Youth with Cerebral palsy and a resident of Kiteza in Lugazi).

Improved well-being of children with cerebral palsy.



Ibulayima Byuma (Child with CP) is 16 years. And is now living a life testimony among the family members. On the left is Byuma when was identified at his home in Katooga village in 2017. UNAC supported him with a wheelchair to improve his mobility in 2019 and was also given a goat that produced two (2) kids with support from Abilis foundation. During the family visits held on 14th July 2020, Byuma was found happily at his home and exercising himself to stand upright which was not before. “He does this often and takes advantage of leaning against the wall for support, we see bright future in Byuma because he does not uses a wheelchair when is playing with his sisters and brothers and also his communication has improved.” Says Nakayima(Byuma’s Grandmother). During the COVID-19 Pandemic, one of Byuma’s goat was sold to meet the medical bills. On interview with Nasozi Robinah the Executive Director of Good foundation Academy in Katoogo village narrates that Ibrah participate equally in class room during learning, she always take attentions to see that the learning ability of Ibrah is improved day by day. Ibrah is on top class and his biggest challenge, he lacks a pote seat to ease himself in a better convenient place because it’s not good to keep sharing same wash room with fellow pupils. This can that results him gets other infections.

Improving the well-being of children with cerebral palsy;



Mr. William Baliku on the left is Physiotherapist explaining to Nakyito Susan (Mother of Ryan) on handling and caring for a child with Cerebral palsy, and is among 45 parents/caretakers of children with Cerebral palsy that were trained with physiotherapy homebased skills. “I acquired knowledge skills which helped me to improve Ryan’s life due to several trainings skills organised by UNAC in handling and caring for children”. Says Nakyito.



Ryan Kibuka is 4 years old. During family visits in Katoogo in Nama Sub-county held on 14th, July 2020, Ryan was found happily playing with objects around him which was not before. On interview with his mother (Nakyito Susan), she explained that; “I am extremely happy and begin to see a great change on Ryan’s life, he can now play with his siblings and this has provided me opportunity to engage in other productive activities and support the family”. Says Nakyito.

Case study: Kazungu George William Story (a beneficiary on Education support fund);



Kazungu's life represents determination even with education challenges. Living with cerebral palsy, George Kazungu is 18 years old and a student at Mary's High school Migadde a long Bombo Road in Wakiso district. He faced a number of challenges that many student with cerebral palsy under go through to achieve their education career dream and become productive members like any other Citizen in the Country, some of these includes; being beaten by teachers because of poor hand writing, no additional extra time given to them during examination periods accompanied by negative attitude by their teachers that persons with cerebral palsy they can't make it to be productive people in the society. All these violates their rights to education and a human right dignity. " I have been always beaten by teachers forcing me to write well and very fast like others during learning, to make matter worse

during examination period our teachers do not provide me enough extra time. However I accepted all the challenges till to date and I would like to thank Uganda National Association of cerebral palsy (UNAC) who had my outcry and came to meet school administration and lobbied me for a reasonable accommodation a head of my final senior four (S.4) examination on March 2021. Also not forgetting the tuition fees they are providing me through Katalemwa Cheshire Home. I hope to go for further studies after s.4." Says Kazungu very bright student and prepared to seat his final papers in March 2021 with resolving adding, "I am still health, and have nothing wrong in my brain."

Organisation Reviews for improvements and development:



UNAC staff, Board members and structure leaders merged together at COMBRA Hall to review on achievements and also identify gaps for future improvements.

Key identified gaps for future improvements in next projects.

Practical engagement of cluster leaders at grass-roots in activity implementation and link them to other mainstream local partners.

Training more parents/caretakers of children with cerebral palsy in home basic physiotherapy skills to reduce the burden of transport and extra charges in accessing services in referral rehabilitation centres which are very far and few in Uganda.

Developing strategies for local fundraising and working with other networks in disability movement.

Engagement of local government leaders in resource mobilization and lobbying for support.

Influencing the implementation of policies that promote participation of persons with cerebral palsy like in health, livelihoods and education services.

Organisation refresher trainings for staff in different courses to deliver quality work.

Encouraging parents/caregivers contributes towards different projects like Day-care centre activities.

Strengthening sensitization and awareness raising about the concept of cerebral palsy both at national and local levels.

Involving both local and international partners in UNAC activities.

Working together with parents/caretakers of Children with severe disabilities in the development of the Day-Care Centre.

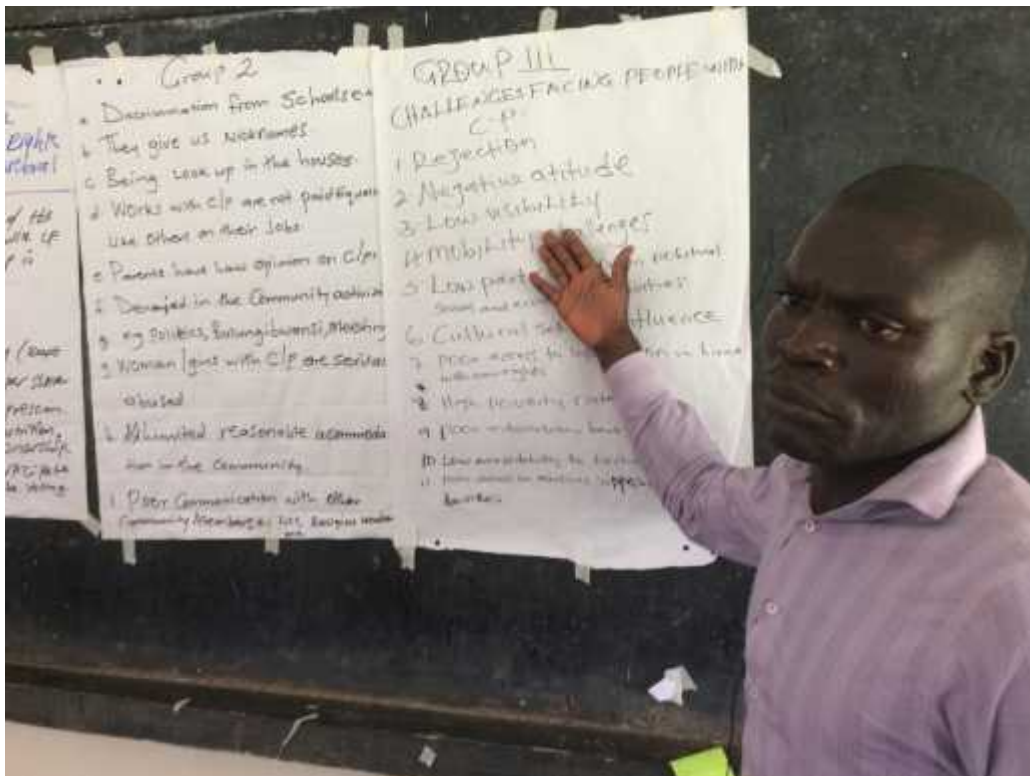


UNAC Staff and Board members held a meeting on 15th/12/2020 with parents/caretakers of children with disabilities to share the new changes (New circular program to run the day care smoothly after COVID-19) at St. Lwanga Bukerere in an unfinished building structure.



Parents of children with severe disabilities monitoring work being done at Day-care centre during COVID-19 periods. Among issues raised was the Day-Care centre needs more support to complete the structure build. And have more space for children.

Challenges that persons with cerebral palsy do face for equal participation



The Chairman Board of UNAC making a presentation on the challenges persons with cerebral palsy do face in communities.

Key major challenges faced by UNAC to meet the needs of her members.

1. There is a huge numbers of Persons with Cerebral Palsy, their parents and caregivers who need to be support with self-help skill development and income generating activities.
2. Children with Cerebral Palsy continued to be pushout of schools due to negative attitude by school authorities including teachers besides incurring extra cost related to enforcing reasonable accommodation, poor hygiene and sanitation and inaccessible school building structure.
3. Poverty among families of Persons with Cerebral Palsy, their parents and caregivers due to discrimination and isolation posed by their own families and the community at large.
4. Cerebral Palsy as a disability has not yet been enlisted and recognized as a disability by disability movement. They have been simply lumped up among the other marginalized groups like those with intellectual disability. Implication, they are left out in virtual community development initiative at both government and mainstream NGOs work.
5. High expectation from parents/caretakers of persons CP and structure group leaders. For example, they expect more support from the mother organization to fundraise for their project.
6. Financial constraint to support and reach the demands of persons of cerebral palsy in areas of inclusive education, Home basics rehabilitative skill in physiotherapy services, awareness raising and community sensitization about the concept of cerebral palsy, rights and potential needs of persons with cerebral palsy in other areas where UNAC has not reached.

Conclusion.

Without the support from different people, organizations and partners, UNAC would not have achieved any of its set strategic plan, objectives and programs. As UNAC we want to acknowledge the efforts and contribution of our all our members, partners, local government leaders, different development actors and media houses that have been a part of UNAC.

All your commitment and contribution in support and improving the lives of persons with cerebral palsy and their parents/caretakers is commendable.

We implore you to continue supporting the work of UNAC for sustained and improved quality of lives of all persons with CP in the country.